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|  |  | FEver  A body temperature greater than 100.4 F. It is a symptom, not a disease. It can be measured under the arm, in the mouth, in the rectum or across forehead |
| Contact **PHONE:**  **763-333-7733**  *24-hour access to care*  **FAX:**  **763-333-7711**  **WEBSITE:**  **childandteenmedicalcenter.com**  **EMAIL:**  **info@childandteenmedicalcenter.com** LOCATIONS: **Blaine:**  11107 Ulysses Street NE, Suite 100  Blaine, MN 55434  **Fridley:**  7225 University Ave NE  Fridley, MN 55432 PROVIDERS: Kaylee Adams, CNP  Jennifer Benton, CNP  Catherine Chang, MD  John Hollerud, MD  Jennifer Rousseau, MD  Stephen Sitrin, MD  Benjamin Williams, CNP  Molly Wirtz, CNP |  | WHAT to Expect:  * Associated with a viral or bacterial infection. It is how the body fights illness * Child will feel hot to the touch * Can have chills or feel cold with fever onset * Once fever breaks, patient will feel “hot” and sweat * Fever can last for several days depending on illness  IMPORTANT TO KNOW:  * Fever does NOT always need to be treated, but you give medicine to help the child feel better * Dress in light clothes and use a light blanket * Give extra fluids (water or Pedialyte) * Can place cool cloth to forehead or under arms * Do not be concerned with the number, focus on reducing the fever * With most illnesses, the child will be contagious for as long as the fever lasts  WHen to call the clinic:  * Temperature of 100.4 F or greater and less than 2 months old * Fever lasting greater than 48 hours at any age * Child is crying constantly or very fussy and not consoled * Little energy, weakness * Sleeping more and/or is difficult to wake up * Neck pain or stiffness * Poor intake or less wet diapers than normal  Medication Dosages for Current Weight ( ) Acetaminophen (Tylenol): every 4-6 hours  Ibuprofen (Motrin or Advil): every 6 hours |