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|  |  | Molluscum ContagiosumCommon skin rash in children caused by a viral infection. Looks like small growths (wart-like) that are pink, white or skin-colored. The growths are smooth and shiny and sometimes have indented center. The rash is not harmful. |
| Contact**PHONE:****763-333-7733** *24-hour access to care***FAX:****763-333-7711****WEBSITE:****childandteenmedicalcenter.com****EMAIL:****info@childandteenmedicalcenter.com**LOCATIONS:**Blaine:**11107 Ulysses Street NE, Suite 100Blaine, MN 55434**Fridley:**7225 University Ave NEFridley, MN 55432PROVIDERS:Kaylee Adams, CNPJennifer Benton, CNPCatherine Chang, MD John Hollerud, MDJennifer Rousseau, MDStephen Sitrin, MDBenjamin Williams, CNP Molly Wirtz, CNP |  | WHAT to Expect:* Most common in children age 1-12 years old and athletes with direct skin-to-skin contact
* Starts as a small spot (pinhead) and grows over several weeks into larger spot (pea size or pencil eraser)
* Can grow alone or in groups or clusters
* Most commonly found on chest, abdomen, armpits, legs, groin, face and genital area

IMPORTANT TO KNOW:* Most common in children aged 1-12 years old
* Virus enters a small break in the skin; growths usually appear after 2-7 weeks of infection
* Spreads easily: direct skin-to-skin contact or by touching objects that have viruses on them (toys, clothing, etc.)
* Can be spread from one part of body to another by scratching or rubbing the bumps and then touching another body part
* Most people develop 1-20 spots; usually painless but can become red and itchy if scratched
* No treatment is recommended as it can be very painful, cause blisters, and not always work.
* The bumps can last 6-18 months
* Infection prevention: do not touch, scratch, or rub growths; wash hands thoroughly; keep area clean

WHen to call the clinic:* If concern of infection: surrounding redness, warmth or oozing

Medication Dosages for Current Weight ( )Acetaminophen (Tylenol): every 4-6 hoursIbuprofen (Motrin or Advil): every 6 hours |