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|  |  | Molluscum Contagiosum  Common skin rash in children caused by a viral infection. Looks like small growths (wart-like) that are pink, white or skin-colored. The growths are smooth and shiny and sometimes have indented center. The rash is not harmful. |
| Contact **PHONE:**  **763-333-7733**  *24-hour access to care*  **FAX:**  **763-333-7711**  **WEBSITE:**  **childandteenmedicalcenter.com**  **EMAIL:**  **info@childandteenmedicalcenter.com** LOCATIONS: **Blaine:**  11107 Ulysses Street NE, Suite 100  Blaine, MN 55434  **Fridley:**  7225 University Ave NE  Fridley, MN 55432 PROVIDERS: Kaylee Adams, CNP  Jennifer Benton, CNP  Catherine Chang, MD  John Hollerud, MD  Jennifer Rousseau, MD  Stephen Sitrin, MD  Benjamin Williams, CNP  Molly Wirtz, CNP |  | WHAT to Expect:  * Most common in children age 1-12 years old and athletes with direct skin-to-skin contact * Starts as a small spot (pinhead) and grows over several weeks into larger spot (pea size or pencil eraser) * Can grow alone or in groups or clusters * Most commonly found on chest, abdomen, armpits, legs, groin, face and genital area  IMPORTANT TO KNOW:  * Most common in children aged 1-12 years old * Virus enters a small break in the skin; growths usually appear after 2-7 weeks of infection * Spreads easily: direct skin-to-skin contact or by touching objects that have viruses on them (toys, clothing, etc.) * Can be spread from one part of body to another by scratching or rubbing the bumps and then touching another body part * Most people develop 1-20 spots; usually painless but can become red and itchy if scratched * No treatment is recommended as it can be very painful, cause blisters, and not always work. * The bumps can last 6-18 months * Infection prevention: do not touch, scratch, or rub growths; wash hands thoroughly; keep area clean  WHen to call the clinic:  * If concern of infection: surrounding redness, warmth or oozing  Medication Dosages for Current Weight ( ) Acetaminophen (Tylenol): every 4-6 hours  Ibuprofen (Motrin or Advil): every 6 hours |